

## Trial Listings

Find trial dates that suit you, then click on the project number to obtain further information. Remember that at no stage of the process will you be obliged to take part in a trial, just give us a call to find out more information and to answer any questions you might have.

Previous Month	<b>September 2001</b>	Next Month	
Start - End Date	Project Number	Renumeration	Visits Required
11/09/01 - 28/09/01	<a href="#">40427 (Group 3)</a>	£1185	6

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*Did you know?*

The annual cost of medicines prescribed by GPs in Britain is about £87 per person - much less than the cost in France, Germany, Japan or the USA.

**PAREXEL**  
The PAREXEL Clinical Pharmacology Research Unit

Recruits required  
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## Opportunities for Men

Below is a list of the current opportunities for men.

### Male Trials

- [83381 \(1a\)](#)
- The study drug is being developed to treat Atherosclerosis, which refers to the thickening and hardening of the arteries due to build-up, resulting in a stroke or heart attack. The purpose of the drug is to reduce this build-up within the arteries. | [View full details](#) »
- [83853 \(1\)](#)
- Pending ethics approval. Details to follow soon. | [View full details](#) »
- [77820 \(2\)](#)
- The study drug is new and intended to be developed, initially, for the treatment of depression. | [View full details](#) »
- [77820 \(1\)](#)

- The study drug is new and intended to be developed, initially, for the treatment of depression. | [View full details](#) »
- [67024](#)
- We would like to find out why some people who smoke develop chronic obstructive pulmonary disease (COPD) while others do not. The study aims to see if there are any differences between people with and without lung disease. | [View full details](#) »
- [80867 \(5\)](#)
- This study will involve the use of a new compound being developed for the treatment of epilepsy. | [View full details](#) »

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## Trial Details

- 77820 (2)
- **The study drug is new and intended to be developed, initially, for the treatment of depression.**

### **You may be eligible to apply for this study if:**

You are aged between 18 and 45 years of age

You have a “normal” body size (Body Mass Index within the range 19 kg/m<sup>2</sup> to 29 kg/m<sup>2</sup>).

You are able to refrain from taking any medication at all within 7 days before each study occasion This includes herbal, “natural” and even homeopathic supplements, as well as vitamins, minerals, eye/ear/nose drops and skin creams. A substance does not need to be given by a doctor to be a “medicine” - if in doubt, please do not use anything at all from screening until your post-study visit.

Note: You should not stop any regular prescribed medication or discontinue any medication where necessary without first discussing this with your Doctor or the Study Physician. Please notify a Study Physician if it has been necessary to take any medication so that we can confirm whether or not this will have any effect on your participation in the study.

You are able to refrain from undertaking any strenuous exercise from 7 days prior to each study occasion until after the follow-up visit. This is because of the effect that exercise has on your blood tests, making them difficult to “read” as detailed above.

You are willing to refrain from alcohol for 48 hours prior to and during each study occasion.

Additionally, you should consume no more than 4 units (men) or 3 units (women) of alcohol per day from the time of the pre-study screening visit until the post study visit (1 unit = 1 measure of spirits/1 glass of wine/½ pint of beer).

You are willing to refrain from food and drink that contains caffeine or Xanthine-containing products (coffee, tea, chocolate, cola) from 48 hours prior to admission to the Unit until you are discharged from the Unit.

You are willing to refrain from consuming grapefruit, grapefruit-containing products, marmalade, Seville oranges banana or banana-containing products and vanilla-containing products from admission until discharge from the Unit. (These can affect your metabolism or study assessments)

You are not using tobacco- or nicotine-containing products (for example, snuff, nicotine patch, nicotine chewing gum, mock cigarettes, or inhalers). Ex-smokers should have ceased smoking at least 3 months prior to the screening visit.

You must have a “normal sleep/wake cycle”, in that you usually wake between 6am and 9am, and usually go to sleep between 9pm and midnight.

### **You will not be eligible to apply for this study if:**

If you have participated in a study within the last **4 months**, either here or at other sites, you should talk to a Unit Physician because you may not be suitable for this study.

You must have not traveled across a local time difference of more than 3hours in the 3 weeks before dosing (as this may affect your sleep/wake cycle), **and** must not have worked any night shifts in the 3 weeks before dosing.

You must not have a history of any psychiatric illness which has required treatment (including counselling) for low mood or anti-anxiety / antidepressant medication.

You must not have donated blood within 3 months.

You nor any first-degree relative (mother, father, brother or sister) have any history of epileptic fits.

### **Screening Dates:**

Monday 13th November

### **Dates of In-house stay:**

Monday 4th December - Thursday 21 December 2006

### **Outpatient visit dates:**

None

### **Follow up visit:**

Wednesday 27th December 2006

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The logo for Parexel, featuring the word "PAREXEL" in a bold, sans-serif font. The letters are white and set against a green rectangular background.

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